Some mosquitoes carry West Nile virus; others are just a nuisance! They only need a couple tablespoons of water to breed, and water can collect just about anywhere.

Don’t give mosquitoes a place to hang out – empty standing water in the hot spots shown below so you can be sure you’re not allowing mosquitoes to breed right under your nose!

Common Backyard Mosquito Sources

- Uncovered boats
- Rot holes in trees
- Tires
- Leaky hoses
- Open trash bins
- Buckets and barrels
- Potted plant saucers
- Uncovered pools
- Ponds
- Water bowls for pets
- Wagons and other toys
- Fountains and bird baths
- Low areas
- Clogged rain gutters
- Neglected pools

GIVE MOSQUITOES THE BOOT!

For More Information:
Denton County West Nile virus info line: (940) 349-2907
DentonCounty.com/WNV
CDC.gov/WestNile

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FIGHT THE BITE
Protect yourself against West Nile Virus

Everything’s bigger in Texas; some might say that includes the bugs! Remember the Four D’s for your defense against mosquitoes:

- **DRAIN** standing water in your yard and neighborhood to cut mosquito breeding sites (old tires, flowerpots, and clogged rain gutters).
- **DUSK & DAWN** are the times of day you should try to stay indoors; this is when mosquitoes are most active.
- **DRESS** in long sleeves and pants when you’re outside, and spray thin clothing with repellent.
- **DEET** (N,N-diethyl-m-toluamide) is an ingredient to look for in your insect repellent (check for 10-30%).

**SYMPTOMS**

(Remember, most people affected with WNV show NO symptoms.)

<table>
<thead>
<tr>
<th>Mild Symptoms, appearing in some people (~20%):</th>
<th>Serious symptoms, appearing in very few people (less than 1%):</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Fever</td>
<td>- High fever</td>
</tr>
<tr>
<td>- Headache</td>
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</tr>
<tr>
<td>- Nausea</td>
<td>- Neck stiffness</td>
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<tr>
<td>- Vomiting</td>
<td>- Stupor</td>
</tr>
<tr>
<td>- Body aches</td>
<td>- Disorientation</td>
</tr>
<tr>
<td>- Swollen lymph nodes</td>
<td>- Coma</td>
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<tr>
<td>- Skin rash</td>
<td>- Tremors</td>
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<tr>
<td></td>
<td>- Convulsions</td>
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<td>- Muscle weakness</td>
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<td>- Vision loss</td>
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<td>- Paralysis</td>
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